

# The Mortimer Society - *Huntington's & Physical Disability Care*

## ABOUT US

**The Mortimer Society** is a registered charity in Kent that has been providing residential care for adults with disabilities from all over the country for more than twenty years.

The Society has two residential homes, Birling House in Snodland and Frindsbury House in Rochester.

We specialise in providing care for people with Huntington's disease, acquired brain injuries, Parkinson's disease and learning disabilities.

We create friendly, relaxing and supportive environments, which enable our residents to maintain their physical and mental health.

We assist those in our care to exercise choice, maximise their independence, develop interests and skills whilst feeling safe and cared for by people they know and trust.

We regard each person with physical or learning disabilities as unique and tailor our services to his or her assessed needs. Our main concern is good quality of life and we aim to provide a homelike environment, which respects independence and encourages individuality and personal growth.



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### FRINDSBURY HOUSE

**Frindsbury House** provides care for people with a range of physical disabilities including Huntington's disease. It is a large detached house in its own grounds near the village of Wainscott, Rochester in Kent.

The existing house is built in Edwardian style and furnished to a high standard. It has well maintained and individual bedrooms both on the ground and first floor and there is a large lounge, a conservatory and a comfortable dining area.

The house is set in extensive well established grounds, which include mature trees a pond and flower gardens. There are two purpose built activity and craft rooms which are separate from the main house, where residents may choose to get involved in art and craft, computing, games and social events. There is a residents' kitchen which is used for the provision of supported independent living skills. the home has a Minibus with wheelchair access and a car for residents' outings.

Frindsbury House  
42 Hollywood Lane  
Wainscott  
Nr. Rochester  
Kent ME3 8AL

Tel No: 01634 719942



At present we are building a new annexe fully equipped for residents with physical disabilities. There will be 13 new ensuite bedrooms, a multi sensory room and a spacious sitting room with French Windows opening out onto the gardens.

This is an exciting project for The Society and we look forward to providing a home for more people with physical disabilities.

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### **BIRLING HOUSE**

**Birling House** provides care for people with a range of physical disabilities.

The home was opened over 20 years ago and specialises in caring for people with Huntington's disease. The home is set in its own grounds in the Snodland conservation area and is quite close to the railway station.

The House is on two floors, with an attached annexe, purpose built for wheelchair users. There are four communal lounge areas, a dining room and visitors' room. All bathrooms and toilets are adapted for residents. Bedrooms are decorated and furnished to reflect individual tastes and include a TV point and call bell system. We have an Activities Suite including a Multi Sensory Room, kitchen and social room. We also have a large accessible garden which contains a greenhouse and sun room. The Home has two adapted mini buses and a car.

Birling House  
89 High Street  
Snodland  
Kent ME6 5AN

Tel No: 01634 244689



Significant time and high importance is given to planning admissions to Birling House ensuring that they are both personal and well managed. Prospective residents and their families are treated with dignity and respect for the life-changing decisions they may be making. We place great emphasis on responding to the individual need for information, reassurance and support.

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### ARRANGING A VISIT

We strongly recommend that a prospective resident visits the Home with a relative, friend or advocate. Ideally the person will visit the home for either a morning or a full day and may even choose to stay overnight so that they are more equipped to make a judgement about whether they would be happy to entrust us with their long term care.

Prospective residents are encouraged to talk to some of people using our service to gain their opinion of the home.

To arrange a visit to Birling House or Frindsbury House please contact:

Sue Matthews  
Resident Services Manager

Telephone: 01634 244689



Nearly all of our residents are supported financially by their local council or a Primary Care Trust. Once the prospective resident and their family and friends have made their choice of a particular home then the care manager from the local authority will normally discuss the finances with their commissioners.

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## LIFESTYLE CHOICES

The staff team is committed to providing high quality, sensitive support and look beyond the disability to the individual and their particular aspirations.

All our staff receive vocational training beyond the mandatory and essential level and in addition are given further training in our specialist areas including Huntington's disease.

We help our residents enjoy a broad range of interests and provide the support to live their life as they wish to live it. We have five vehicles which enable our residents to get out and about when they want to.

All the bedrooms are furnished to a high standard and are decorated to personal choice.

The catering staff produce a well-cooked and varied menu and individual preferences are fully catered for.



### Our Aims are:

- To create friendly, safe and relaxing therapeutic environments
- To encourage residents to achieve their potential and retain their individuality and unique approach to life.
- To promote meaningful and enjoyable activities.
- To consistently offer a kind, caring and flexible approach to each resident.

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## NEWS AND INFORMATION

### Frindsbury House Redevelopment

In the last few years we have received an increasing number of enquiries for placements at Frindsbury House and at Birling House, in Snodland. Unfortunately we have had to turn many people away as both homes have maintained near full occupancy.

Responding to this demand, the Trustees decided to expand Frindsbury House by adding 13 large ensuite bedrooms plus associated bathrooms and day space. This development will cost £2m, which is a major investment for a charity of our size and proceeds with the support of Charity Bank and The Social Investment Business. (formerly Futurebuilders)

Finlon Building Contractors are currently on track to hand over the new building during February 2010.



The Mortimer Society is a charity, which is administered by five Trustees:

Mrs Margaret Ivell, Mr. Roy Pike, Dr Monica Menzies Mr Michael Ellis, Mrs Anne Douse

The Mortimer Society is a registered charity and a company limited by guarantee.  
The registered charity number is: 287579.  
The company registered number is: 1741444 and the country of registration is: United Kingdom  
The registered office is: 42 Hollywood Lane, Frindsbury, Rochester, Kent ME3 8AL  
Web site:



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## HOW TO FIND US



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