

BREAKFAST

MENU.

Time

Name.

BEVERAGES.

TEA.

FRUIT TEA.

GREEN TEA or EARL GREY

COFFEE KENKO “Really Smooth” or ”Decaffeinated”

COFFEE. Cafetiere. (“Grand Mere Familia”)

FRUIT COMPOTE. Fresh Rhubarb, Spicy Apricot

or Exotic Fruit with/without Vanilla Yoghurt

JUICE. Cranberry or Freshly Squeezed Orange

GRAPEFRUIT. Fresh or Grilled

CEREALS:- .

CORNFLAKES.

MUESLI.

FRUIT & FIBRE.

PORRIDGE.

EGGS:- please state 1 or 2. (Free Range Eggs)

BOILED.

FRIED.

POACHED.

SCRAMBLED.

TOMATOES. (English) MUSHROOMS. (Fresh.)

BAKED-BEANS (Heinz57) FRIED BREAD

POTATOE HASH BROWNS

SAUSAGE. (Local butchers)

BACON. SMOKED / UNSMOKED (Local butchers)

KIPPER FILLETS

TOAST:-

BROWN

WHITE

HOME MADE FRESH BREAD:- BROWN/ WHITE

SMOKED SALMON & SCRAMBLED EGG.

POACHED EGG ON CHEESE ON TOAST BR/WH

FRIED EGG on FRIED BREAD.